



# Week at a Glance



Bravisimo A1

	MON	TUES	WED	THUR	FRI		SAT	SUN
LUNCH 11:00 – 2:00		<b>Peking Station</b>  Chicken, <b>Tofu</b>	<b>Taco Bar</b>  Beef, <b>Tofu</b>	<b>GYRO ACTION STATION</b> <b>All the fixings</b>	<b>Banana's Foster</b>	BRUNCH 10:30 – 2:00	Made To Order Omelets  Eggs to Order  <b>Blueberry Pancakes</b>  Pork Rolls	Made To Order Omelets  Eggs to Order  Pancakes  Sausage
DINNER 4:30 – 7:00	Sauté Lemon Chicken Capers, Artichoke, Green Olives, Black Olives, Red Onion, Diced Tomato Topped with Feta Cheese	<b>Steak Lo Mein</b> <b>Noodles</b> <b>Station</b>	<b>Spaghetti Night</b>  Sweet Italian Sausage  Meatballs		<b>Scampi Station</b>  Shrimp or <b>Tofu</b>	DINNER 4:30 – 7:00	<b>Nacho Bar</b> Beef, Chicken, <b>Tofu</b>  Cheese Sauce  <b>Rice &amp; Beans</b>	Breakfast for Dinner!!  Omelets Eggs to order Pancakes <b>Home fries</b> Sausage



## This week's Hemisflavors Destination: Greece!

**AT EVERY LUNCH & DINNER:** 1 White Rice, and 1 Grain. 6 Sautéed Vegetables.