

# Parkside Diner: Week at a Glance

	MON	TUES	WED	THUR	FRI		SAT	SUN
<b>LUNCH</b> 11:00 – 2:00	EGG DROP SOUP [Japan] Tomato Fennel Soup  Turkey Sloppy Joes Grilled Venetian Chicken Stuffed Peppers with Rice and Tomato  Broccoli w/ Cheese Sauce Cauliflower with Alfredo Baked Potatoes	Vegetable Soup Lentil Barley Soup  Black Bean and Cheese Quesadillas  Beef Enchiladas  Harvard Beets  Mexican Corn Veggie Nacho Bar  Refried Beans Mexican Rice	Tomato Rice Soup Miso Soup-w-pork&Vegetables Monte Christos w/ Maple Syrup Turkey Melt with Bacon and Tomatoes  Broccoli Stir Fry  Spicy Pesto Soba [Japan]  Roasted Potatoes	Minestrone Scallop and Vegetable Soup [Japan]  Open Face Hot Turkey  Beef Pot Pie Crock  Roasted Carrots  Zucchini & Squash  Sautéed Celery with Sesame [Japan]  Mashed Potatoes	Mushroom, Lotus Root and Tofu Chowder [Japan]  White Bean Soup  Yakitori Chicken [Japan]  Seafood Pasta Eggplant Parmesan Fresh Mixed Vegetables Rice Noodles Baked Sweet Potatoes	<b>BRUNCH</b> 10:30 – 2:00	Clear Chicken Soup [Japan] Clam Chowder Soup Tempura [Japan] Chicken Crepes Grilled Sausage w/ onions and Peppers  Whole Wheat Pasta w/ Cauliflower, Walnuts & Feta Rice Pilaf	Chicken Noodle Soup Pureed Corn Soup [Japan]  Chicken Tacos  Open Face Roast Beef  Five Flavor Noodle [Japan]  Broiled Tomatoes  Steamed Broccoli  Roasted Garlic Mashed Potatoes
	<b>DINNER</b> 4:30 – 7:00	EGG DROP SOUP [Japan]  Tomato Fennel Soup  Steak Teriyaki [Japan]  Fried Chicken  Vegetable Medley Stewed Tomatoes Mashed Potatoes Jasmine Rice	Vegetable Soup Lentil Barley Soup  Ginger Pork Sauté [Japan]  Grilled Chicken and Broccoli Alfredo Penne  Grilled Vegetable Sushi Rice [Japan]  Roasted Mediterranean Vegetable Lasagna Mashed Potatoes	Tomato Rice Soup Miso Soup-w-Pork & Vegetables [Japan]  Cajun Spiced Rotisserie Chicken Pot Roast  Udon Noodles with Deep Fried Tofu [Japan] Broccoli Egg Noodles Refried Beans	Minestrone Scallop and vegetable soup[Japan] MISO MARINATED SALMON [Japan]  Chicken Scampi  Sting Beans Honey Glazed Carrots Scalloped Potatoes Spinach & Ricotta Lasagna		Mushroom, Lotus Root and Tofu Chowder [Japan]  White Bean Soup  Oven Roasted Turkey Meatloaf with Gravy  Spinach w/ Tofu Corn  Potato Pancakes  Bread Stuffing	<b>DINNER</b> 4:30 – 7:00



## This week's Hemisflavors Destination: JAPAN

**AT EVERY LUNCH, BRUNCH & DINNER:** One Variety of Chili, One Vegetable Soup, One Protein Soup