



Parkside Diner: Week at a Glance

	MON	TUES	WED	THUR	FRI		SAT	SUN
LUNCH 11:00 – 2:00	Moroccan Chicken Soup [Morocco] Fall Vegetable Soup Garlic Beef with Green Olives [Morocco] Pasta Primavera Green Beans Fresh Mixed Vegetables Roasted Potatoes Three Cheese Lasagna	Triple Onion Soup Tomato Soup Chicken Stir Fry Moroccan Meatballs with Tomato and Egg [Morocco] Broccoli Carrots Macaroni and Cheese White Rice	Moroccan Chickpea Soup [Morocco] Beef Barley Soup Southern Style Pork Sandwich Beef & Bean Burritos Basmati Rice [Morocco] Vegetable Blend Vegetable Stuffed Peppers Roasted Red Bliss Potatoes	Moroccan Lentil Soup [Morocco] Tomato Basil Soup Chicken Tenders Shepherd's Pie Roasted Squash Katamala Olive Tapenade [Morocco] Rice Pilaf Seasoned Potato Wedges	Moroccan Vegetable Soup [Morocco] Pasta Fagioli Soup Sésame Baked Chicken Beef Kabobs in Moorish Marinade [Moroccan] Corn Pilaf Roasted Vegetable Blend Herb Orzo Rice Pilaf	BRUNCH 10:30 – 2:00	Moroccan Pumpkin Soup [Morocco] Chefs Choice Beef Stew Honey Mustard Chicken Peas Fresh Spinach w/ Garlic Tomato Rice Baked Sweet Potatoes	Moroccan Sweet Potato Soup [Morocco] Chicken Bastille [Moroccan] Sloppy Joe's Fresh Carrot Coins Zucchini & Broccoli Pasta Primavera Mashed Cheese Potatoes
	DINNER 4:30 – 7:30	Moroccan Chicken Soup [Morocco] Fall Vegetable Soup Cuban Pork Loin Ranch Roasted Chicken Steamed Carrots Couscous-w-Cumin & Scallion [Moroccan] Jasmine Rice Potato Pancakes	Triple Onion Soup Tomato Soup Seafood Couscous [Moroccan] Parmesan Tilapia Fresh Mixed Vegetables Whole Wheat Noodles Stuffing	Moroccan Chickpea Soup [Morocco] Beef Barley Soup Fish Tagine [Morocco] Jamaican Beef Curry Corn Green Beans Wild Rice Scalloped Potatoes Vegetable Stuffed Portobello Mushrooms	Moroccan Lentil Soup [Morocco] Tomato Basil Soup Pepper Steak Naimas Steamed Chicken [Morocco] Garlic Mashed Potatoes Lima Beans Snap Peas Lemon Herb Rice		Moroccan Vegetable Soup [Morocco] Pasta Fagioli Soup Turkey Cutlets Herb Haddock Stir Fried Carrots with Mango & Ginger [Moroccan] Fresh Mixed Vegetables Wild Rice Cauliflower w/ Cheese	DINNER 4:30 – 7:00



This week's Hemi flavors Destination: Morocco!

AT EVERY LUNCH, BRUNCH & DINNER: One Variety of Chili, One Vegetable Soup, One Protein Soup

Vegetarian Items in Green **Vegan Items in Yellow** Hemisflavors Items in Maroon