

Parkside Diner: Week at a Glance

Parkside B5

	MON	TUES	WED	THUR	FRI		SAT	SUN
LUNCH 11:00 – 2:00	Roasted Corn Bisque <i>Fasoolia</i> (Bean Soup) Curried Pork Stew <i>Frarej</i> (Lebanese Chicken) Corn Fritters Steamed Cauliflower Rice Pilaf Ranch Steak Fries	Fall Vegetable Soup Chicken Vegetable Soup Kafta Lebanese Chicken Pie Green beans with onions Broccoli with garlic oil Oven Roasted Potatoes Pasta with tomatoes and Basil	Tomato Soup with Demi Di Melone Split Pea with Ham Italian Sausage Sandwich w/ Onions and Peppers Lebanese Stew with Rice Broccoli & Cheese Buttered Egg Noodles Vegetable Couscous Penne with Rosa Sauce	Chicken Noodle Soup Potato-Lentil Soup Kibbee (Lebanese Meatloaf) Curried Pork Stew Stuffed Tomatoes Vegetable Risotto Green Beans Potatoes Anna	Mushroom Soup Makhloota (Bean & Grain Soup) Seafood Newburg Five Spiced Roasted Pork loin Braised Brussels Sprouts with Bacon Potatoes Au Gratin Steamed Rice Corn and Peppers	BRUNCH 10:30 – 2:00	Chefs Choice Chefs Choice Southwestern Quiche Biscuits with sausage Gravy Cheesy Mashed Potatoes Spinach & Mushrooms Steamed Broccoli	Chefs Choice Chefs Choice Chicken Pot Pie Corned Beef Hash Potatoes and Green Beans Vegetable Medley Baby Lima Beans Cheesy Eggs
	DINNER 4:30 – 7:00	Roasted Corn Bisque Fasoolia (Bean Soup) Southern Fried Chicken Sweet and Sour Pork Spicy Corn Pilaf Honey Roasted Carrots Rosemary Roasted Red Potatoes Coconut Rice	Fall Vegetable Soup Chicken Vegetable Soup Turkey Meatloaf Pepper Steak w/ Bamboo Shoots Red Bliss Mashed Potatoes Steamed Broccoli Jasmine Rice Dilled Carrots	Tomato Soup with Demi Di Melone Split Pea with Ham Herb Dijon Crusted Pork Roast Teriyaki Chicken Roasted Sweet Potatoes Zucchini Casserole Steamed Rice Roasted Beets	Chicken Noodle Soup Potato-Lentil Soup Farrouj Mashwi (Zahleh-Style Grilled Chicken) Beef Pot Roast Smashed Potatoes Ratatouille Peas and Carrots. Spinach Rice		Mushroom Soup Makhloota (Bean & Grain Soup) Sabzi Koofteh (Lebanese Meatballs) Fish and Chips Sautéed Squash Medley Long Grain Rice California Blend Quinoa Pilaf	DINNER 4:30 – 7:00



This week's Hemisflavor Destination: Lebanon!

Vegetarian items in Green **Vegan items in Yellow** Hemisflavors Items in Maroon
AT EVERY LUNCH, BRUNCH & DINNER: One Variety of Chili, One Vegetable Soup, One Protein Soup