

Sessions & Speakers:

March 8, 2007

Horticultural Therapy in an Adult Physical Rehabilitation Setting

The session will explore the many applications for horticulture therapy in co-treatment with other rehabilitation modes including physical, occupational and speech therapies. There will be a hands-on component for attendees and a display of adaptive equipment and techniques.

Linda M. Ciccantelli, HTR, is a registered horticultural therapist and founder of the Horticulture Therapy Program at Magee Rehabilitation Hospital, which includes an accessible garden. She is past president of the Mid-Atlantic Chapter of AHTA, past vice president of AHTA and a former horticulture therapy instructor at Temple University.

Megan Bartels, MS, OTR/L, an occupational therapist at Magee Rehabilitation Hospital, treats patients with diagnoses ranging from complicated orthopedic cases to stroke and spinal-cord injuries. A member of both state and national occupational therapy associations, she promotes the value of OT through professional presentations and student supervision. Megan acknowledges the importance of incorporating meaning and leisure into functional activity and utilizes a variety of approaches in her therapy. The time she spends with clients and other professionals in the greenhouse is invaluable, and she enjoys learning new techniques that facilitate fun, effective treatments.

April 12, 2007

Sowing Seeds of Content: A New York Story

The story of how a small garden program at Rusk Institute blossomed into a dynamic and diverse environment to meet educational, rehabilitation, research and community needs.

Nancy K. Chambers, HTR, a registered horticultural therapist, has been the director of the Glass Garden at NYU Medical Center's Rusk Institute since 1986. A leading professional in her field, she is an aggressive proponent of the therapeutic value of nature in healthcare environments. She writes, lectures, teaches and consults in the United States and abroad, and has received numerous distinguished honors for her work.

May 17, 2007

Pathways to Healing: Horticultural Therapy & Sustainable Garden Design

Sustainable design is placing equal and integrated emphasis on economic prosperity, environmental quality and community well-being for all socioeconomic and racial/cultural groups in an aesthetically pleasing manner. Criteria that assist communities to achieve sustainability will be examined, with emphasis on preferences in a garden space and ways to experience nature.

Nancy A. Minich, HTR, RLA, is both a registered horticultural therapist and landscape architect. Earlier in her career, she worked as a horticultural therapist in several healthcare facilities. An advocate of design for people of all ages and abilities, she served on the advisory committee for the ADA Outdoor Recreation Guidelines and is currently a visiting professor in the Landscape Architecture Program at Philadelphia University and principal of her firm, NAM Planning & Design, LLC.

Won't you participate in this inaugural horticulture therapy outreach?

Sponsors:

- Philadelphia University
- PA/DE Chapter of the American Society of Landscape Architects (PA/DE ASLA)
- Mid-Atlantic Chapter of the American Horticulture Therapy Association (AHTA)
- Pennsylvania Occupational Therapy Association (POTA)

Registration Form:

Name: _____

Mailing address: _____

Phone: _____

Email: _____

Affiliation: _____

Job title: _____

Cost	Professional	Student
All three sessions:	\$75	\$50
Session 1: March 8, 2007	\$30	\$20
Session 2: April 12, 2007	\$30	\$20
Session 3: May 17, 2007	\$30	\$20

Two CEUs will be awarded for each session and 6 CEUs for all three sessions for PA landscape architects.

Two PDUs will be awarded for each session and 6 PDUs for occupational therapists.

Return this form with check payable Philadelphia University (memo line: Horticulture Therapy) to:
Anita Quaine, Occupational Therapy Program
Philadelphia University
Henry Avenue & School House Lane
Philadelphia, PA 19144

Directions and a parking pass will be sent along with your paid receipt for the session(s).



Where: The Kanbar Campus Center

When: 8:30 am – 11:30 am

Schedule:

- | | |
|--------------------|--------------------------------------|
| 8:30 - 9:00 a.m. | Registration,
coffee, socializing |
| 9:00 - 10:00 a.m. | Session A |
| 10:00 - 10:30 a.m. | Coffee break |
| 10:30 - 11:30 a.m. | Session B |

What:

Each interactive session includes: registration/ refreshments, multimedia presentation, lecture, Q&A and a take-away kit of activities based on the content presented.

Participants will return to their facilities and patients with new ideas, hands-on projects, materials, and train-the-trainer guides for onsite workshop delivery.

Who:

Assisted living facilities' activities directors, regional occupational-therapy practitioners, architects, landscape architects/designers and the greater Philadelphia medical and design community are invited.



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A photograph of a person in a wheelchair in a garden setting. The person is wearing a blue jacket and is looking towards a man in a green shirt who is standing in the background. The garden has various plants and a path.

Healing Through Horticulture

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