INTRODUCTION
INTRAMURAL/RECREATION SPORTS PROGRAM

The Department of Athletics at Philadelphia University organizes and promotes intramural sports and recreation activities that are open to full-time students, faculty, and staff. The recreation program provides an opportunity for everyone to participate in enjoyable physical activity and exercise. Activities are offered in league/tournament format, fitness programs, instructional programming, informal recreation, club sports, extramurals and special recreation events for student organizations. Activities are based on student interest and we welcome the recommendations of our community so that we may better serve you.

RECREATION STAFF:

Associate Director of Athletics: Brad Koch
Director of Fitness and Wellness: Rhonda Davis
Fitness Center Monitor / Rec. Specialist TBD
Coordinator of Club Sports & Facilities: Tom Skarbek

Billy Harris Scholarship Staff:
Jonathan Jackey
Alvin Guerra
Leo Balch
Steve Stadelberger
Alex Chintala
Aaron Case
Mike Stankovich
Tim Smiraldo

Bucky and Lorraine Scholarship Staff:
Althea Sanford
Sarah Vidumsky

RECREATION OFFICE:
Location: Harris Gym, Room 154
Phone: (215) 951-2723
Web Site Address: http://www.Philau.edu/athletics/recsports
OVERALL INTRAMURAL TEAM
CHAMPIONSHIP COMPETITION

The Championship Banner that hangs in Harris Gym honors the best Intramural team each year. That team must adhere to a minimum amount of requirements. To be eligible, a team must compete in certain sports activities throughout the year, using the same team name and core players. Points are awarded according to participation and placement in events. Teams can receive additional points through assisting with officiating and purchasing team shirts.

Specific rules are stated within the Intramural roster. Captains will receive periodic rules updates on their team's overall status in the standings throughout each semester. All decisions regarding a team’s participation in an activity are at the discretion of the Director of Recreation.

POINTS GIVEN AS FOLLOWS:

1. League winners get the total amount of points equal to number of competing teams.
2. All other league competitors receive points subtracting one point for each lower place. Remaining finishers receive 2 points.
3. Tournament participants are rewarded two points and the winner receives an additional point.
4. One-day event participants receive two points and the winner receives an additional point.
5. Teams receive 2 points if team shirts are purchased.
6. Teams will receive points for each official your team designates to assist with an Intramural event. Depending on leagues, officials are to receive points for either number of games or days they officiate. Captains will be notified before league begins how officiating points will be distributed. Official must assist each time your team plays throughout length of schedule.
7. The Director of Recreation decides all points.
8. In case of a divisional tie, overall placement is determined by:
   - Head-to-head competition
   - Winning percentage
   - Points allowed
   - Record vs. Championship opponents
   - Team Behavior (forfeits, officiating, assistance, usage of core players, disciplinary problems, etc.)

RULES

1. Teams must compete under the same name and use same core of set players. These 3-5 players must be designated as “Franchise Players” to the Recreation Director & other teams. “Franchise Players” must compete for their team in any activity in which their team competes. These players must also play a minimum of three games in league play.
2. Teams must compete in at least one league & one one-day event each semester.
3. Any other tiebreakers are at the discretion of the Director of Recreation.
4. All participants must show a valid school ID prior to the start of each game.
1.) Alex Chintala  
Total Hours:  367 for Fall & Spring  
Has federal work-study if needed

DUTIES:
- Create flyers for each event.
- Flyers should be prepared two weeks before start of event.
- Distribute flyers throughout campus and to necessary contacts.
- Use Update boards- Harris gym, Gallagher Center, Ravenhill & Kanbar Campus Center, and Display Racks- Harris gym.
- Create Game Schedules for all Intramural Male and Co-ed Leagues.
- Through promotions and giveaways, market Recreation to University Community (sit in cafeteria, etc.)
- *Work with RA’s, SGA, and Tim Butler (x2744)* to get student groups involved in large events.
- Give out information to RA’s at appropriate meetings.
- Assist with any other areas needed (scorekeeping, etc.)
- Attend staff meeting once a week. (To Be Determined)
- Alex will be relied on heavily to officiate games in Flag Football, Volleyball, Basketball, Soccer, Dodgeball, Floor Hockey & Softball.
- Member of *Student Event Staff* for Intercollegiate and High School Home Contests / Scrimmages. **Primary Role:** Public Address Announcer and Scoreboard Operator.

2.) Jon Jackey  
Total Hours:  291 for Fall & Spring  
Has federal work-study if needed

DUTIES:
- Through promotions and giveaways, market Recreation to University Community (sit in cafeteria, etc.)
- Organize and plan potential Extramural trips with League Champions.
- *Work with RA’s, SGA, and Tim Butler (x2744)* to get student groups involved in large events.
- Assist with any other areas needed (scorekeeping etc.)
- Attend staff meeting once a week. (To Be Determined)
- Jon will be relied on heavily to officiate games in Soccer, Flag Football, Volleyball, Basketball, Dodgeball, Floor Hockey & Softball
- Member of *Student Event Staff* for Intercollegiate and High School Home Contests / Scrimmages. **Primary Role:** Scoreboard Operator.
3.) **Mike Stankovich**  
**Total Hours:** 317 for Fall & Spring  
*Has federal work-study if needed*

**DUTIES:**
- Officiate games for Flag Football, Soccer, Basketball, Volleyball & Softball.  
- **Organize, set up and breakdown Intramural Volleyball games.**
- Organize captains/officials meetings for **Volleyball**, Flag Football, Outdoor Soccer, Basketball, Indoor Soccer, and Floor Hockey (distribute rules).  
- Help Alex and Jon organize official's schedules for the leagues listed above.  
- Monitor points of teams who help officiate.  
- Assist in any other areas as needed.  
- Attend staff meeting once a week (To Be Determined).  
- **Through promotions and giveaways, market Recreation to University Community (sit in cafeteria, etc.)**  
- Member of **Student Event Staff** for Intercollegiate and High School Home Contests / Scrimmages. **Primary Role:** Public Address Announcer and Shot Clock Operator.  
- **Serve as a Facility Monitor for the Gallagher Center – report to Tom Skarbek.**

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4. - 6.) **Tim Smiraldo, Leo Balch and Aaron Case**  
**Total Hours:** Tim (217), Leo (174) and Aaron (267) for Fall & Spring  
*Aaron has federal work-study if needed*

**DUTIES:**
- Officiate games for Flag Football, Soccer, Basketball, Volleyball, Dodgeball & Softball.  
- **Through promotions and giveaways, market Recreation to University Community (sit in cafeteria, etc.)**  
- Member of **Student Event Staff** for Intercollegiate and High School Home Contests / Scrimmages. **Primary Roles:** Public Address Announcers, Ball Runners & Scoreboard Operators.  
- Any other necessary assistance.  
- Attend staff meeting once a week (To Be Determined).
7. & 8.) **Alvin Guerra and Steve Stadelberger**
Total Hours: 267 for Fall & Spring

*Alvin has federal work-study if needed*

**DUITIES:**
- Do statistics for Flag Football and assist in other areas. This includes assisting Brad with the lining of Ronson Field.
- **Work with RA's, SGA, and Tim Butler (x2744) to get students involved in large events (Whitewater Rafting).**
- Work with Brad Koch with the organization of the Whitewater Rafting trip and the Drexel Challenges in the Fall and Spring.
- Assist Brad with updating Web Page – use of Scanner and Digital Camera.
- Assist w/ basketball officiating/set-up.
- Assist w/ softball officiating/scorekeeping, etc.
- Any other needed areas.
- Attend staff meeting once a week (To Be Determined).
- **Through promotions and giveaways, market Recreation to University Community (sit in cafeteria, etc.)**
- Member of **Student Event Staff** for Intercollegiate and High School Home Contests / Scrimmages. **Primary Roles:** Public Address Announcers, Ball Runners & Scoreboard Operators.
- **Serve as Facility Monitors for the Gallagher Center – report to Tom Skarbek.**
**FALL 2009**

All staff members are required to attend each event; highlighted individuals are "point" persons for each event.

<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Description</th>
<th>Point Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 10th</td>
<td>Flag Football League Play</td>
<td>(JJ, TS, AC, Alex C., MS, LB)</td>
</tr>
<tr>
<td>September 19th</td>
<td>Outdoor Soccer League Play</td>
<td>(JJ, TS, AC, Alex C., SS, AG, LB)</td>
</tr>
<tr>
<td>October 3rd</td>
<td>Ultimate Frisbee Tournament</td>
<td>(Evan Goldman)</td>
</tr>
<tr>
<td>October 14th</td>
<td>Ultimate Dodgeball</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>October 20th</td>
<td>3-on-3 Basketball Challenge</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>October TBA</td>
<td>Wallyball Tournament</td>
<td>(MS, Alex C.,)</td>
</tr>
<tr>
<td>October 21st</td>
<td>Co-ed Volleyball</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>November 3rd</td>
<td>Flag Football Pro-Bowl &amp; Powder Puff</td>
<td>(JJ, TS, AC, Alex C., MS, LB)</td>
</tr>
<tr>
<td>November 12th</td>
<td>Billiards</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>December 3rd</td>
<td>Table Tennis</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>December TBA</td>
<td>76ers Trip</td>
<td>TBD</td>
</tr>
</tbody>
</table>

**SPRING 2010**

<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Description</th>
<th>Point Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 14th</td>
<td>Basketball League Play</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>February 11th</td>
<td>Basketball All-Star Game</td>
<td>(JJ, MS, AC, Alex C.)</td>
</tr>
<tr>
<td>March 23rd</td>
<td>Indoor Soccer League Play</td>
<td>(JJ, TS, AC, Alex C., SS, AG, LB)</td>
</tr>
<tr>
<td>April TBA</td>
<td>Drexel Challenge</td>
<td>TBD</td>
</tr>
<tr>
<td>April 6th</td>
<td>Softball League Play</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>April TBA</td>
<td>Racquetball and Wallyball Tournaments</td>
<td>(MS, LB, AC, Alex C.)</td>
</tr>
<tr>
<td>April TBA</td>
<td>Philadelphia University RAM RUN</td>
<td>TBD</td>
</tr>
<tr>
<td>April 17th</td>
<td>Ultimate Dodgeball</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>April 21st</td>
<td>Floor Hockey Tournament</td>
<td>(Entire Staff)</td>
</tr>
<tr>
<td>April 24th</td>
<td>Sand Volleyball</td>
<td>(MS, LB, AC, Alex C.)</td>
</tr>
<tr>
<td>May TBA</td>
<td>Whitewater Rafting</td>
<td>TBD</td>
</tr>
</tbody>
</table>
BUCKY AND LORRAINE SCHOLARSHIP STAFF:
JOB DESCRIPTIONS
2009-2010

1.) Althea Sanford
• Assist Rhonda Davis, Fitness Center Director, in the staffing, daily cleaning, scheduling, and supervision of the Fitness Center and Gallagher Center.
• Promotional Items:
  o Create flyers (Health and Fitness related –work with Rhonda)
  o Fill display racks and maintain update boards.
  o Print large calendars & place on Recreation update boards throughout Gallagher Center.
  o Work with Billy Harris Scholarship Staff to provide all current information on Intramural and Recreational activities that are available to students, faculty, and staff. Use all outlets (display racks, bulletin boards, kiosks, etc.).
• Other duties assigned by Director of Recreation.

2.) Sarah Vidumsky
• Assist Rhonda Davis, Fitness Center Director, in the staffing, daily cleaning, scheduling and supervision of the Fitness Center and Gallagher Center.
• Promotional Items:
  o Create flyers (Health and Fitness related –work with Rhonda)
  o Fill display racks and maintain update boards.
  o Print large calendars & place on Recreation update boards throughout Gallagher Center.
  o Work with Billy Harris Scholarship Staff to provide all current information on Intramural and Recreational activities that are available to students, faculty, and staff. Use all outlets (display racks, bulletin boards, kiosks, etc.).
• Other duties assigned by Director of Recreation.
GOALS
2009-10

• OVER 1070 PARTICIPANTS

• Increasing quality of play and involvement for all players

• PROGRESS WITH CITY 6, PROPOSAL TO MAKE IT "CITY 7"

• SUCCESSFUL CAPTAINS/ OFFICIALS MEETINGS FOR Co-ED AND MALE LEAGUES (Flag Football, Outdoor Soccer, Indoor Soccer, Basketball, Softball, Floor Hockey, Volleyball, Greek Games)

• SUCCESSFUL UPDATE OF WEB PAGE & USE OF E-MAIL

• SUCCESS WITH EXTRAMURAL TRIPS; WHITWATER RAFTING, PHILADELPHIA 76ERS ETC.

• NO WHIFFS!
**AWARDS:**

1.) **Intramural Championship T-shirts**
   - Team members of LEAGUE Champions receive t-shirts.
   - Over 180 t-shirts have been purchased for 2009-10.
   - Shirts will be given out to the Champions of the following co-ed and male leagues: Flag Football, Volleyball, Outdoor Soccer, Men’s Basketball, Women’s Basketball, Indoor Soccer, and Softball.
   - Gym bags also presented to Overall Intramural Team Champions.

2.) **Other t-shirts**
   - The program purchases 2 other types of t-shirts with general “PHILADELPHIA UNIVERSITY REC SPORTS” logos.
   - One is distributed to all work-studies.
   - The second style is used as additional prizes for one-day events or the like.

3.) **Championship Plaques**
   - A championship plaque is purchased for the above co-ed and male leagues. Plaques are presented to captains at the conclusion of championship play.

4.) **Ian Tupper Memorial Intramural Award**
   - The Ian Tupper Memorial Recreation Award is presented annually in honor and recognition of Ian’s dedication and achievements at Philadelphia University from 1996 – 2000. His involvement in the University’s student government and ambassador program, the Sigma Nu Fraternity, and the Recreation Department exemplified the balanced experience that is possible between academics and extra-curricular activities.
   - This award is presented annually to a male and female student whose involvement in the University mission and the Recreation program at Philadelphia University symbolizes the spirit of Ian Tupper, his legacy, and dedication to student leadership. This award was given to Danni Johnson and Aaron Burkholder at the Athletic Banquet on Sunday, April 26th, 2009. A banner hangs in Harris Gym with the names of all recipients.

5.) **All-Star Shirts**
   - All-Star t-shirts are purchased for Flag Football, & Basketball (Men & Women).

**VENDORS:**

* Championship/All-Star shirts: Tony Mazzeo: Image Outfitters / 215-677-3933
  RBK (Reebok)*

* Trophies: Kelly Trophies: 610-626-3300
  Roy Hanshaw: 215-704-0315*

**FUNDRAISING:**

1.) 50/50 Raffle
   * At all basketball games.
RECREATION PROMOTIONS:

1.) **Brochure**
   - Place stacks of brochures in locations throughout campus: Hayward Hall, Student Center, gyms, cafeterias, RA mailboxes, Admissions, Counseling Center, Health Center, and Tuttleman.
   - Bring brochure to any orientation / Open House sessions.

2.) **Calendars**
   - Print large calendars & place on Recreation Update Boards.
   - Provide RA’s with calendars.
   - E-mail to returning captains (on Overall Title list from last year).

3.) **Meetings**
   - Contact President of Student Government at to speak at first Student Government Meeting.
   - Contact Laurie Tuttle in Residence Life at about speaking at 1st RA meeting.
   - Contact Tim Butler, Director of Student Activities, about attending Student Fair.

4.) **Maintain Update Boards / Display Racks**
   - Located in Harris Gym, Kanbar Campus Center, Ravenhill Cafeteria, and Gallagher Center.

5.) **Hand Out Flyers / Attain Sign-Ups At Various Lunches And Dinners**
   - Harris Scholarship Staff must provide all current information on Intramural and Recreational activities that are available to students, faculty, and staff. Harris Scholars must do this at least twice a month in Kanbar Campus Center and the Ravenhill Cafeteria.
   - A banner with the words "Philadelphia University Intramurals" along with the Intramural web address will be provided as signage at these gatherings.
INTRAMURAL SCHEDULING:

-Distribute Information through campus – when, where, how, etc.

-Obtain rosters at delegated deadline, both hard copy and off the Recreation Web Page.

-Mail schedule & rules to captains

-Follow up with captains to confirm first game.

-All leagues (Football, Volleyball, Outdoor Soccer, Indoor Soccer, Basketball, & Softball) will vary in format. All teams will have one (1) pre-season game.

-Inclement Weather:
  - Voice-mail will be updated as a result of inclement weather.
  - All captains should be informed about voice mail system.
  - The Director is solely responsible for canceling/postponing events.

PLEASE NOTE: It is imperative that each Billy Harris Staff member comes prepared for each weekly meeting with a monthly planner and organizer. These planners can be found in the bookstore.

Design, create... then recreate!
**RECREATION CALENDAR 2009-2010**

**Fall 2009**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Playing Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flag Football</td>
<td>Tues. &amp; Thurs. 11-1 PM (Begins 9/10)</td>
</tr>
<tr>
<td>Outdoor Soccer</td>
<td>Saturday afternoons (Begins 9/19)</td>
</tr>
<tr>
<td>Ultimate Frisbee Tournament</td>
<td>Saturday, October 3rd</td>
</tr>
<tr>
<td>Ultimate Dodgeball Tournament</td>
<td>Wednesday, October 14th</td>
</tr>
<tr>
<td>Wallyball Tournament</td>
<td>October / TBA</td>
</tr>
<tr>
<td>3 – on – 3 Basketball Challenge</td>
<td>Tuesday, October 20th</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Weeknights, 9-11 PM (Begins 10/21)</td>
</tr>
<tr>
<td>Powder Puff</td>
<td>Tuesday, November 3rd</td>
</tr>
<tr>
<td>Flag Football Pro-Bowl</td>
<td>Tuesday, November 3rd</td>
</tr>
<tr>
<td>Billiards Challenge</td>
<td>Thursday, November 12th</td>
</tr>
<tr>
<td>NIRSA Flag Football Championships</td>
<td>November / TBA</td>
</tr>
<tr>
<td>Ultimate Frisbee Invitational</td>
<td>November / TBA</td>
</tr>
<tr>
<td>Table Tennis Challenge</td>
<td>Thursday, December 3rd</td>
</tr>
<tr>
<td>Philadelphia 76ers Trip</td>
<td>December / TBA</td>
</tr>
</tbody>
</table>

Specific sign-up periods and playing times will be posted. Events may be added or modified based on student interest. **Intramural leagues and tournaments will take place in the Gallagher Center.**

**Spring 2010**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Playing Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Weeknights &amp; Sun. (Begins 1/14)</td>
</tr>
<tr>
<td>Basketball All-Star Game</td>
<td>Thursday, February 11th</td>
</tr>
<tr>
<td>Indoor Soccer</td>
<td>Weeknights / Free time (Begins 3/23)</td>
</tr>
<tr>
<td>Drexel Challenge</td>
<td>April / TBD</td>
</tr>
<tr>
<td>Softball</td>
<td>Tues. &amp; Thurs., 11-1PM (Begins 4/6)</td>
</tr>
<tr>
<td>Wallyball Tournament</td>
<td>April / TBA</td>
</tr>
<tr>
<td>Racquetball Tournament</td>
<td>April / TBA</td>
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<tr>
<td>Philadelphia University RAM RUN</td>
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<td>Ultimate Dodgeball</td>
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<td>Floor Hockey Tournament</td>
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<tr>
<td>Sand Volleyball</td>
<td>Saturday, April 24th</td>
</tr>
<tr>
<td>Whitewater Rafting Trip</td>
<td>May / TBA</td>
</tr>
</tbody>
</table>

All activities are open to male, female & coed teams. Schedules will match similar teams. Rosters are available in the Gallagher Center.

**RECREATION OFFICE:**

Harris Gym, Room 154
Director: Brad Koch, x2723